

LIZ HURLEY RIBBON RUN

FREQUENTLY ASKED QUESTIONS

NEW for 2018: 5K Race & Survivors' Walk Time Change

•Survivors' Walk will be at 8 a.m.

o In honor of our survivors registered for the Survivors' Walk & 5K, we plan on cheering them on the new route for our Survivors' Walk. Join us to cheer on our survivors as we celebrate them!

o Information about the location and time of the Survivors' Walk line-up/staging area is COMING SOON!

•5K race will be at 8:30 a.m.

o Runner Awards will start at 10 a.m.

How much does it cost to participate in the Ribbon Run?

We have an early bird rate of \$25 per runner that will be available from July 11 to September 3. On September 4, the registration rate will be \$30. The late registration rate of \$40 will begin on October 12. Register early and save!

How much does it cost to start a team?

There are no additional fees to start a team for Ribbon Run. All team participants need to do is find your team name then register with that team.

What do I do if I registered but didn't select the team I wanted to participate on?

Please contact Suzanne Mohler with Huntsville Hospital Foundation at suzanne.mohler@hhsys.org. Send your first and last name along with the team you would like to join.

Do you have to have a minimum amount of people to have a team?

Yes, we ask that your team is made of 10 or more registered participants. We ask this due to team packet packing logistics.

If your team does not have 10 or more team members, you can still wear your team T-shirts, but as the team captain, you will not pick up your team member's shirts and packets on the team packet pick up date.

Can I switch my registration from one runner to another?

No, we have a no-transfer policy. It's imperative that the registration data associated with your bib number belongs to you, the registered participant.

Are refunds available?

No, we have a no refund and no transfer policy for the Liz Hurley Ribbon Run.

What are the age restrictions?

There is no minimum age required to participate, but participants under the age of 12 must be accompanied by an adult. Both participants **must be registered** to participate in the Liz Hurley Ribbon Run.

***If a participant is under 18 years of age, a parent or legal guardian must sign the registration form.*

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When and where do I pick up my race bib, t-shirt, and race day information?

- Thursday, October 18 | 10 a.m. to 7 p.m.
- Friday, October 19 | 10 a.m. to 7 p.m.
- Where? Fleet Feet Sports in Jones Valley

NEW for 2018: Team Packet Pick-Up will be on **ONE DAY ONLY**.

- Team captain will pick up on Tuesday, October 16, between 10 a.m. and 7 p.m. Team members will then coordinate picking up information and shirt with your team captain.

Are strollers/baby joggers allowed on the course?

For the safety of your child and the other participants, we **strongly discourage** the use of strollers and/or baby joggers. All participants who risk the use of strollers/baby joggers will be directed to the **back of the race line up** for the safety of that child and other participants.

Note: Dogs, skateboards, and bikes are NOT permitted on race day.

Where can I park on race day?

Several parking garages on the Huntsville Hospital campus will be open for parking. Huntsville Hospital staff will be on site to help communicate which parking garages are full. The City of Huntsville will also have specific garages open for race day parking. Visit www.parkinghuntsville.com for more information, and you will find interactive maps to make finding the best parking space easy for you.

How can I volunteer?

We have a number of volunteer opportunities in the week leading up to the race, along with race day. We will have a virtual sign-up page soon, but if you are interested in signing up now, please contact Meagan Owens at meagan.owens@hhsys.org.

How can I purchase a luminary?

Luminaries can be purchased through the Liz Hurley Ribbon Run website under the “Purchase a luminary” section. If you would like to purchase your luminary in person, please visit the Women’s Pavilion during the month of October. Luminary sales are managed by the duMidi Woman’s Club of Huntsville.

What will this year’s proceeds help fund at the Huntsville & Madison Breast Centers?

Our 2018 proceeds will help purchase an additional 3D digital tomosynthesis mammography equipment for our breast centers. This technology creates a 3-dimensional picture of the breast using X-rays, making breast cancer easier to detect in dense breasts.

With the purchase of this additional and final 3D tomosynthesis machine, all mammogram equipment at the Huntsville and Madison Hospital Breast Centers will be equipped with the 3D technology. The industry standard for mammogram is still 2D, so we are excited to be able to offer the best technology to all of our patients when they arrive for their appointment!